



**Highview
Residences**

Spring & Summer Menu Sample

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast						
Cold/Hot Cereal, Toast, Greek Yogurt, Berries	Cold/Hot Cereal, Waffles, Seasonal Fruit	Cold/Hot Cereal, Toast, Greek Yogurt, Berries	Cold/Hot Cereal, Pancakes, Fruit	Cold/Hot Cereal, English Muffin, Greek Yogurt, Berries	Cold/Hot, Cereal Toast, Greek Yogurt, Seasonal fruit	Cold/Hot Cereal, Toast, Scrambled Egg
Lunch						
Vegetable Rice Soup	Minestrone Soup	Navy Bean Soup	Tomato Barely Soup	Cream of Mushroom Soup	Hearty Vegetable Soup	Butternut Squash Soup
Turkey Cranberry Sandwich	Leamon Herb Chicken Salad	Vegetable Frittata	Ham & Cheese Omelette	Chicken Quesadilla	Grilled Ham & Cheese	Egg Salad Sandwich
Garden Salad	Greek Salad	Chickpea Salad	Red Cabbage Salad	Crisp Garden Salad	Fresh Tomato, Cucumber Salad	Mixed Green Salad
Mandarin Oranges	Pudding	Jello	Apricots	Diced Cantaloupe	Mixed Fruit	Jello
Snack						
Muffin	Fresh Cookies	Crispy Chips	Danish	Apple Slices	Home-baked Loaf	Fresh Cookies
Dinner						
Blanquette De Veal	Swedish Meatballs	BBQ Pork Ribs	Homestyle Lasagna	Crunchy Fish Fillet with Tarter Sauce	Creamy Mushroom Pork Chop	Slow Roasted Beef
Wild Rice, Carrots & Beans	Mashed Potatoes, Brussel Sprouts	Polenta, Corn & Peas	Cesar Salad	Fries, Coleslaw	Mini Red Potatoes, Beans	Mashed Potatoes, Vegetable Blend
Stewed Fruit with Ice Cream	Apple Crisp	Ambrosia	Rice Pudding	Oatmeal Cherry Square	Blueberry Cake	Pumpkin Pie

Alternative Menu Choices: Substitutions available according to preference & care plan including, but not limited to: oatmeal, toast, sandwich, chicken broth, yogurt & fresh fruit. Availability may necessitate menu substitutions.