

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# March 2023

## Cedar Creek House

|  |  |  |  |  |  |   |
|--|--|--|--|--|--|---|
|  |  |  | 1<br>10:30 - Manicures<br>1:30 - Friendly Visits<br>2:30 - Seated Exercises<br>3:30 - Shuffleboard   | 2<br>1:45 - Music Therapy<br>3:30 - Puzzles          | 3<br>10:30 - Baking<br>1:30 - Men's Pub<br>3:30 - Noodle Ball  | 4<br><b>Happy Birthday Margaret!</b><br>3:30 - Reading Buddies                        |
| 5<br>3:30 - Bowling  | 6<br>11:00 - Pet Therapy<br>2:30 - Seated Exercises<br>3:00 - Music Therapy<br>4:00 - 1-1 Music Therapy Visits                 | 7<br>10:30 - Book Club<br>1:30 - Art Therapy<br>3:30 - Noodle Ball                                   | 8<br><b>International Women's Day</b><br>10:30 - Sing Along<br>1:30 - <b>Women's Day Social</b><br>2:30 - Seated Exercises<br>3:30 - Colouring | 9<br>1:45 - Music Therapy<br>3:30 - Match & Sort     | 10<br>10:30 - Baking<br>3:30 - Curling   | 11<br>1:30 - Bingo<br>3:30 - Walk Abouts  |
| 12<br><b>Turn Your Clocks Forward Today!</b><br><b>Happy Birthday John!</b><br>10:30 - Hymn Sing & Worship Circle<br>3:30 - Balloon Tennis | 13<br>11:00 - Pet Therapy<br>1:30 - Montessori Visits<br>3:00 - Music Therapy<br>4:00 - 1-1 Music Therapy Visits               | 14<br><b>Happy Birthday Will!</b><br>10:30 - Colouring<br>1:30 - Art Therapy<br>3:30 - Bean Bag Toss | 15<br><b>Happy Birthday Trevor!</b><br>10:30 - Manicures<br>1:30 - Friendly Visits<br>3:30 - Ladder Toss                                       | 16<br>1:45 - Music Therapy<br>3:30 - Crokinole       | 17<br><b>St. Patrick's Day</b><br>10:30 - Baking<br>1:30 - <b>St. Patrick's Day Social</b><br>3:30 - Noodle Ball | 18<br>3:30 - Reading Buddies  |
| 19<br>3:30 - Ladder Toss   | 20<br><b>First Day of Spring</b><br>11:00 - Pet Therapy<br>2:30 - Seated Exercises<br>3:00 - Music Therapy<br>4:00 - 1-1 Music | 21<br>10:30 - Trivia<br>1:30 - Art Therapy<br>3:30 - Noodle Ball                                     | 22<br>10:30 - Board Games<br>1:30 - Drum Fit<br>2:30 - Seated Exercises<br>3:30 - Match & Sort   | 23<br>1:30 - Crafter's Corner<br>3:30 - Shuffleboard | 24<br>10:30 - Baking<br>3:30 - Colouring   | 25<br>1:30 - Horse Races<br>3:30 - Walk Abouts  |
| 26<br>10:30 - Hymn Sing & Worship Circle<br>3:30 - Noodle Ball   | 27<br>11:00 - Pet Therapy<br>2:30 - Seated Exercises<br>3:00 - Music Therapy<br>4:00 - 1-1 Music Therapy Visits                | 28<br>10:30 - Puzzles<br>1:30 - Art Therapy<br>3:30 - Bean Bag Toss                                  | 29<br>10:30 - Manicures<br>1:30 - Friendly Visits<br>2:30 - Seated Exercises<br>3:30 - Crokinole   | 30<br>1:30 - Sing Along<br>3:30 - Colouring          | 31<br>10:30 - Baking<br>1:30 - <b>March Birthday Party</b><br>3:30 - Noodle Ball                                 |  |

EACH MOMENT. BY DESIGN. WITH LOVE.