

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

JANUARY

Happy New Year

10:00 - New years Day History, Traditions and Superstitions

3:30 - Seated soccer

1

10:00 What's new in 2025!
1:45 - Bingo
3:30 - Nail care/Manicures

2

10:00 Baking
1:45 - Pictionary
3:30 - Noodle Ball

3

3:00-4:00 Entertainment with Susie Q
3:30 Bean Bag Toss

4

5

10:00 - TV Church - Spiritual Eldercare - Unity
3:30 - Ladder Toss

6

11:00 - Pet Therapy
1:45 - Wacky wordies
3:30 - SMART Exercises

7

10:00 Riddles
11:15 Gentle Exercise
1:30 - Art with Jill
3:30 - Noodle Ball

Elvis Presley's Birthday 8

10:00 - Elvis Trivia
1:45 - Elvis sing a long
3:30 - SMART Exercises

9

10:00 Drum Fit
1:45 - Name that instrument
3:30 - Nail care/Manicures

10

1:45- Making Snow globes
3:30 - Balloon Tennis

11

1:30 - Chatters that matters
3:30 - Ladder Toss

12

10:00 - TV Church - Spiritual Eldercare - Creation
3:30 - Seated Soccer

13

11:00 - Pet Therapy
1:45 - Book Club
3:30 - SMART Exercises

14

1:30 - Art with Jill
3:30 - Noodle Ball

15

10:00 - Drum Fit
1:45 - Trivia
3:30 - SMART Exercises

16

10:00 Winter Craft Snowflake Sun Catchers
1:45 - Java Music
3:30 - Nail care/Manicures

17

10:00 Baking
1:45 - Music Bingo
3:30 - Noodle Ball

18

3:30 Bean Bag Toss

19

10:00 - TV Church - Spiritual Eldercare - Community
2:00- 3:00pm Entertainment with Jim Young
3:30 - Ladder Toss

20

11:00 - Pet Therapy
1:45 - Hot Chocolate Social
3:30 - SMART Exercises

21

10:00 - Jeopardy
11:15 Gentle Exercise
1:30 - Art with Jill
3:30 - Seated Soccer

22

10:00 - Fact or Fiction
1:45 - Sing a long
3:30 - SMART Exercises

23

10:00 Idiom in disguise
11:15 Cycling
1:45 - Bingo
3:30 - Nail care/Manicures

24

1:45 Making Paper Wreaths
3:30 - Balloon Tennis

25

1:30 - Crafters Corner
3:30 - Ladder Toss

26

10:00 - TV Church - Spiritual Eldercare - Lunar New Year
3:30 - Seated Soccer

27

11:00 - Pet Therapy
1:45 - Book Club
3:30 - SMART Exercises

28

1:30 - Art with Jill
3:30 - Noodle Ball

29

10:00 - Java Memory
1:45 - January Birthday Party
3:30 - SMART Exercises

30

10:00 Outburst
11:15 Gentle Exercise
1:45 - Board Games
3:30 - Nail care/Manicures

31

10:00 Baking
1:45 - Scattergories
3:30 - Noodle Ball

