

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



1  
 10:00 -Java Music  
 11:15 - Gentle Stretching  
 1:30 - Art with Jill  
 3:30 - Noodle Ball  
*Hairdresser- Morning*

2  
 10:00 - Drum Fit  
 1:45 - Making Pinecone Garland  
 3:30 - SMART Exercises

3  
  
 10:00- Baking  
**2:00- Oktoberfest social**  
 3:30 - Nail care/Manicures

4  
 1:45 - Word Games  
 3:30 - Balloon Tennis

5  
 1:30 - Chatters that Matter  
 3:30 - Noodle Ball

6  
 10:00 -TV Church: Spiritual Eldercare- **Blessing**  
 3:30 - Garden Strolls

7  
 11:00 - Pet Therapy  
 1:45 - Music Bingo  
 3:30 - SMART Exercises

8  
 9:30 Worship Circle with Meghan  
 1:30 - Art with Jill  
 3:30 - Seated Soccer  
*Hairdresser- Afternoon*

9  
 10:00 - Hand Bells  
 1:45 - Mini Putt  
 3:30 - SMART Exercises

10  
**Happy Birthday Ann!**  
 10:00 - What is it?  
 11:15 - Seated Exercise  
**2:00 - Rinkel's Baby Shower Social**  
 3:30 - Nail care/Manicures

11  
 10:00 Baking  
 1:45 - Making Thanksgiving Cards  
 3:30 - Noodle Ball

12  
**10:30 Musical Entertainment with Brent Meidinger**  
 3:30 - Bean Bag Toss

13  
 10:00 -TV Church: Spiritual Eldercare- **Gratitude (Thanksgiving)**  
 11:00 Thanksgiving Day reminiscing  
 3:30 - Balloon Tennis



14  
 9:30 Worship Circle with Meghan  
 11:00 - Trivia  
 1:30 - Art with Jill  
 3:30 -Bean Bag Toss  
*Hairdresser- Morning*

15  
 10:00 - Crokinole  
 2:30 - Sing a Long  
 3:30 - SMART Exercises

16  
 10:00- **Book Club**  
 11:15 - Seated Exercise  
 1:30 -Baking  
 3:30 - Nail care/Manicures

17  
 1:45 - Riddle me this  
 3:30 - Ladder Toss

18  
 3:30 - Noodle Ball

20  
 10:00 -TV Church: Spiritual Eldercare- **Generosity**  
 3:30 - Noodle Ball

21  
 11:00 - Pet Therapy  
 1:45 - Bingo  
 3:30 - SMART Exercises

22  
 9:30 Worship Circle with Meghan  
 11:00 - Chair Yoga  
 1:30 - Art with Jill  
 3:30 - Balloon Tennis  
*Hairdresser- Afternoon*

23  
**Happy Birthday Gail!**  
 10:00 - Jeopardy  
 1:45 - Java Music  
 3:30 - SMART Exercises

24  
**Cedar Creek 5th Anniversary**  
 10:00 Pictionary  
 11:15 - Seated Soccer  
**2:00 Cedar Creek 5th Anniversary Party**  
 3:30 - Nail care/Manicures

25  
 10:00 Baking  
 1:45 - Music Bingo  
 3:30 - Noodle Ball

26  
**Blair Creek 7th Anniversary**  
 3:30 - Seated soccer

27  
 10:00 -TV Church: Spiritual Eldercare- **All Saints Day**  
 11:00 Remembering Halloween Costumes  
 3:30 - Ladder Toss

28  
 11:00 - Pet Therapy  
 1:45 - **Halloween Craft**  
 3:30 -SMART Exercises

29  
 9:30 Worship Circle with Meghan  
 11:00 - Gentle Exercise  
 1:30 - Art with Jill  
 3:30 - Noodle Ball  
*Hairdresser- Morning*

30  
 10:00 - Halloween Bingo  
**1:45 - October Birthday social**  
 3:30 - SMART Exercises

31  
  
 10:00 Baking  
**2:00 - Halloween Social**  
 3:30 - Nail care/Manicures

