

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2023

Blair Creek House

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|---|---|--|---|--|--|--|
| | | | 1 11:00 - Pet Therapy 1:30 - Friendly Visits 3:30 - Seated Exercises | 2 Happy Birthday Barbie! 10:30 - Drum Fit 1:30 - Art Therapy 3:30 - Puzzles | 3 10:30 - Baking 1:30 - Men's Pub 3:30 - Noodle Ball | 4 3:30 - Reading Buddies |
| 5 3:30 - Bowling | 6 1:00 - 1-1 Music Therapy Visits 2:00 - Music Therapy 3:30 - Seated Exercises | 7 10:30 - Colouring 1:45 - Music Therapy 3:30 - Noodle Ball | 8 International Women's Day 11:00 - Pet Therapy 1:30 - Women's Day Social 3:30 - Seated Exercises | 9 10:30 - Cycle Club 1:30 - Art Therapy 3:30 - Match & Sort | 10 1:30 - Baking 3:30 - Curling | 11 10:30 - Hymn Sing & Worship Circle 3:30 - Walk Abouts |
| 12 Turn Your Clocks Forward Today! 1:30 - Bingo 3:30 - Balloon Tennis | 13 1:00 - 1-1 Music Therapy Visits 2:00 - Music Therapy 3:30 - Puzzles | 14 1:45 - Music Therapy 3:30 - Bean Bag Toss | 15 11:00 - Pet Therapy 1:30 - Friendly Visits 3:30 - Ladder Toss | 16 10:30 - Drum Fit 1:30 - Art Therapy 3:30 - Colouring | 17 St. Patrick's Day 10:30 - Baking 1:30 - St. Patrick's Day Social 3:30 - Noodle Ball | 18 1:30 - Musical Entertainment by Lynn & Rick Quigley 3:30 - Reading Buddies |
| 19 3:30 - Ladder Toss | 20 First Day of Spring 1:00 - 1-1 Music Therapy Visits 2:00 - Music Therapy 3:30 - Seated Exercises | 21 10:30 - Puzzles 1:45 - Music Therapy 3:30 - Noodle Ball | 22 Happy Birthday Shirley! 11:00 - Pet Therapy 1:30 - Shuffleboard 3:30 - Seated Exercises | 23 10:30 - Cycle Club 1:30 - Art Therapy 3:30 - Shuffleboard | 24 1:30 - Crafter's Corner 3:30 - Darts | 25 10:30 - Hymn Sing & Worship Circle 3:30 - Walk Abouts |
| 26 1:30 - Baking 3:30 - Noodle Ball | 27 Happy Birthday Margaret! 1:00 - 1-1 Music Therapy Visits 2:00 - Music Therapy 3:30 - Seated Exercises | 28 1:30 - Musical Bingo 3:30 - Bean Bag Toss | 29 11:00 - Pet Therapy 1:30 - Friendly Visits 3:30 - Seated Exercises | 30 10:30 - Drum Fit 1:30 - Art Therapy 3:30 - Crokinole | 31 10:30 - Baking 1:30 - March Birthday Party 3:30 - Noodle Ball |  |

EACH MOMENT. BY DESIGN. WITH LOVE.