

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

JANUARY

Happy New Year

11:00 - Pet Therapy
1:45 - New years Day History, Traditions and Superstitions
3:30 Seated Soccer

1

10:00- Drum Fit
1:30 - Bingo
3:30 - Nail care/Manicures

2

10:00 - Baking
1:30 - Pictionary
3:30 - Noodle Ball

3

1:30 Entertainment with Susie Q
3:30 Bean Bag Toss

4

5

10:00 - TV Church - Spiritual Eldercare - Unity
3:30 - Ladder Toss

6

10:00 - Wacky Wordies
2:30- SMART Exercises
3:30 - Balloon Tennis

7

10:00 - Riddles
11:15 Gentle Exercise
1:45 Elvis Trivia
3:30 - Noodle Ball

Hairdresser- Afternoon

Elvis Presley's Birthday

11:00 - Pet Therapy
1:30 - Elvis Sing a long
2:30 - SMART Exercises
3:30 - Seated Soccer

8

10:00- Name that Instrument
11:15 Cycling
1:30 - Art with Jill
3:30 - Nail care/Manicures

9

10:00 - Making Snow globes
3:30 - Noodle Ball

10

10:00 Hymn sing and Worship Circle
3:30 Bean Bag Toss

11

12

10:00 - TV Church - Spiritual Eldercare - Creation
1:30 Chatters that Matters
3:30 - Ladder Toss

13

10:00 - Book Club
2:30- SMART Exercises
3:30 - Balloon Tennis

14

10:00 Winter Craft- Snowflake Suncatchers
3:30 - Noodle Ball

Hairdresser- Morning

11:00 - Pet Therapy

1:30 - Trivia
2:30 - SMART Exercises
3:30 - Seated Soccer

15

10:00- Java Music
11:15 Gentle Exercise
1:30 - Art with Jill
3:30 - Nail care/Manicures

16

10:00 - Baking
1:45 - Music Bingo
3:30 - Noodle Ball

17

2:00-3:00pm Entertainment with Jack Kalendarian
3:30 Bean Bag Toss

18

19

10:00 - TV Church - Spiritual Eldercare - Community
3:30 - Ladder Toss

20

10:00 - Jeopardy
2:30- SMART Exercises
3:30 - Balloon Tennis

21

10:00 Scattergories
11:15 Gentle Exercise
1:45 Hot Chocolate Social
3:30 - Noodle Ball

Hairdresser- Afternoon

11:00 - Pet Therapy

1:30 - Fact or a fiction
2:30 - SMART Exercises
3:30 - Seated Soccer

22

10:00- Idiom in disguise
11:15 Cycling
1:30 - Art with Jill
3:30 - Nail care/Manicures

23

10:00 - Making paper Wreaths
3:30 - Noodle Ball

24

10:00 Hymn sing and Worship Circle
3:30 Bean Bag Toss

25

26

10:00 - TV Church - Spiritual Eldercare - Lunar New Year
1:30 Crafters Corner
3:30 - Ladder Toss

27

10:00 - Book Club
2:30- SMART Exercises
3:30 - Balloon Tennis

28

10:00 Java Memory
11:15 Gentle Exercise
3:30 - Noodle Ball

Hairdresser- Morning

11:00 - Pet Therapy

1:30 - January Birthday Party
2:30 - SMART Exercises
3:30 - Seated Soccer

29

10:00- Board Games
11:15 Gentle Exercise
1:30 - Art with Jill
3:30 - Nail care/Manicures

30

10:00 - Baking
1:45 - Outburst
3:30 - Noodle Ball

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