

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# OCTOBER

	<p>1</p> <p>10:00 Java Music 11:15 Gentle Exercise 1:45 - Making Pinecone Garland 3:30 - Noodle Ball <i>Hairdresser- Afternoon</i></p>	<p>2</p> <p>11:00 - Pet Therapy 1:30 - Sing a long 2:30 - <b>SMART</b> Exercises 3:30 - Puzzles</p>	<p>3</p>  <p>9:15 - Music Therapy Group 10:00 - Art with Jill <b>2:00 - Oktoberfest Social</b> 3:30 - Nail care/Manicures</p>	<p>4</p> <p>10:00 - Baking 3:30 - Colour me Calm (Giant Poster)</p>	<p>5</p> <p>10:30 - Hymn Sing &amp; Worship Circle 3:30 - Ladder Toss</p>
<p>6</p> <p>10:00 - TV Church - Spiritual Eldercare - <b>Blessing</b> 1:30 Chatters that Matters 3:30 - Ladder Toss</p>	<p>7</p> <p>10:00 - Hand Bells 2:30- <b>SMART</b> Exercises 3:30 - Board Games</p>	<p>8</p> <p>9:30 What is it? 10:45 <b>Worship Circle with Meghan</b> 3:30 - Seated Soccer <i>Hairdresser- Morning</i></p>	<p>9</p> <p><b>Happy Birthday Thirza!</b> 11:00 - Pet Therapy 1:30 - Trivia 2:30 - <b>SMART</b> Exercises 3:30 - Reading Buddies</p>	<p>10</p> <p>9:15 - Music Therapy Group 10:30 Drum Fit 1:30 - Art with Jill 3:30 - Nail care/Manicures</p>	<p>11</p> <p>10:00 - Baking 1:45 Making Thanksgiving Cards 3:30 - Noodle Ball</p>
<p>13</p> <p><b>Happy Birthday Dorothy!</b> 10:00 - TV Church - Spiritual Eldercare - <b>Gratitude (thanksgiving)</b> 1:30 Thanksgiving Reminiscing 3:30 - Garden Strolls</p>	<p>14</p>  <p>3:30 - Seated Soccer</p>	<p>15</p> <p>10:00 - Pictionary 10:45 <b>Worship Circle with Meghan</b> 1:45 - Music Bingo 3:30 - Bowling <i>Hairdresser- Afternoon</i></p>	<p>16</p> <p>11:00 - Pet Therapy 2:30 - <b>SMART</b> Exercises 3:30 - Match and Sort</p>	<p>17</p> <p>9:15 - Music Therapy Group 10:30 - Seated Soccer 1:30 - Art with Jill 3:30 - Nail care/Manicures</p>	<p>18</p> <p>10:00 - Baking 3:30 - Balloon Tennis</p>
<p>20</p> <p>10:00 - TV Church - Spiritual Eldercare - <b>Generosity</b> 3:30 - Balloon Tennis</p>	<p>21</p> <p><b>Happy Birthday Harry!</b> 10:00 -Bingo 2:30- <b>SMART</b> Exercises 3:30 - Noodle Ball</p>	<p>22</p> <p>9:30 - Scatergories 10:45 <b>Worship Circle with Meghan</b> 3:30 - Ladder Ball <i>Hairdresser- Morning</i></p>	<p>23</p> <p>11:00 - Pet Therapy 1:30 - Riddle me this 2:30 - <b>SMART</b> Exercises 3:30 - Balloon Tennis</p>	<p>24</p> <p><b>Cedar Creek 5th Anniversary</b> 9:15 - Music Therapy Group 10:30 - Seated Exercise 1:30 - Art with Jill 3:30 - Nail care/Manicures</p>	<p>25</p> <p>10:00 - Baking <b>1:45 Blair Creek 7th Anniversary Party</b> 3:30 - Noodle Ball</p>
<p>27</p> <p>10:00 - TV Church - Spiritual Eldercare - <b>All Saint's Day</b> 1:30 Remembering Halloween Costumes 3:30 - Garden Strolls</p>	<p>28</p> <p>10:00 - Jeopardy 2:30- <b>SMART</b> Exercises 3:30 - Balloon Temis</p>	<p>29</p> <p>9:30 Outburst 10:45 <b>Worship Circle with Meghan</b> 1:45 - Halloween Craft 3:30 - Balloon Tennis <i>Hairdresser- Afternoon</i></p>	<p>30</p> <p>11:00 - Pet Therapy <b>1:30 - October Birthday Social</b> 2:30 - <b>SMART</b> Exercises 3:30 - Puzzles</p> 	<p>31</p>  <p>9:15 - Music Therapy Group 10:00 - Art with Jill <b>2:00 - Halloween Social</b> 3:30 - Nail care/Manicures</p>	