### Week 1 Menu

Meal	Spring & Summer Menu 2024							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
Lunch	<u>Soup</u> Carrot	<u>Soup</u> Minestrone	<u>Soup</u> Tomato Basil	<u>Soup</u> Vegetble Barley	<b>Soup</b> Cream of Mushroom	<u>Soup</u> Lentil	<u>Soup</u> Country Vegetable	
	<b>Main</b> Chef Salad	<u>Main</u> Chef's Choice Day	<b>Main</b> Greek Chicken Pasta Salad	<b>Main</b> Quiche Lorraine	<b>Main</b> Turkey Swiss & Cranberry Sandwich	<b>Main</b> Pulled Pork on a Bun	<b>Main</b> Captain Burger	
	<b>Side</b> Bread Stick		Side	<b>Side</b> Tomato Feta Salad	<b>Side</b> Garden Salad	<b>Side</b> Carrot Salad	<b>Side</b> Tater Tots	
	<u>Dessert</u> Fruit	<u>Dessert</u> Pudding	<u>Dessert</u> Fruit	<u>Dessert</u> Jello	<u>Dessert</u> Fruit	<u>Dessert</u> Pudding	<u>Dessert</u> Jello	
Snack	Muffins	Cookies	Loaf	Cookies	Chips	Loaf	Cookies	
	Main Herb Roasted Chicken Breast Starch & Veg	Main Bangers and Mashed Starch & Veg	Main Shepherd's Pie with Gravy Starch & Veg	Main Penne with Meat Sauce Starch & Veg	Main Fish and Chips  Starch & Veg	Main Veal Parmesan Starch & Veg	Main Roast Turkey  Starch & Veg	
Dinner	Mini Red Potatoes and Vegetables <u>Dessert</u> Lemon Tart	Mashed Potatoes and Vegetables <u>Dessert</u> Blueberry Crisp	Vegetables <u>Dessert</u> Ice Cream	Garlic Bread, Caesar Salad <b>Dessert</b> Chocolate Cake	Fries, Coleslaw <u>Dessert</u> Rice Pudding	Egg Noodles and Vegetables <u>Dessert</u> Upside	Mashed Potatoes and Vegetables <u>Dessert</u> Apple Pie	
						DownPeach Cake		

Alternative Menu Choices

Oatmeal, Toast, Sandwich, Chicken broth, Yogurt and Fresh Fruit are always available by request.

Substitutes

### Week 2 Menu

Meal	Spring & Summer Menu 2024							
Micai	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
	<u>Soup</u>	<u>Soup</u>	<u>Soup</u>	<u>Soup</u>	<u>Soup</u>	<u>Soup</u>	<u>Soup</u>	
	Cream of Broccoli	Turkey Rice	Split Pea	Tomato Rice	Cream of Asparagus	Pork and Bean	Chicken Noodle	
	<u>Main</u>	<u>Main</u>	<u>Main</u>	<u>Main</u>	<u>Main</u>	<u>Main</u>	<u>Main</u>	
	Chicken Caesar	Hot Dog	Devilled Egg, Ham	Fruit and Cheese	Chef's Choice Day	Grilled Ham and	Tuna Salad	
Lunch	Salad		and Cheese, Tomato	Plate		Cheese	Sandwich	
Luncii	<u>Side</u>	Side	Aspic	Side		Side	<u>Side</u>	
	Roll	Chips	Side	Tea Biscuit		Garden Salad	Spinach Salad	
			Corn Muffin					
	<u>Dessert</u>	<u>Dessert</u>	<u>Dessert</u>	<u>Dessert</u>	<u>Dessert</u>	<u>Dessert</u>	<u>Dessert</u>	
	Pudding	Fruit	Jello	Pudding	Fruit	Fruit	Jello	
Snack	Muffins	Cookies	Loaf	Cookies	Popcorn	Loaf	Cookies	
Silack								
	<u>Main</u>	<u>Main</u>	<u>Main</u>	<u>Main</u>	<u>Main</u>	<u>Main</u>	<u>Main</u>	
	Meatloaf	Macaroni & Cheese	BBQ Pork Ribs	Beef Vegetable	Baked White Fish	Lemon Chicken	Corned Beef	
		Casserole		Stew	with Dill		Dinner	
	Starch & Veg	Starch & Veg	Starch & Veg	Starch & Veg	Starch & Veg	Starch & Veg	Starch & Veg	
Dinner	Mashed Potatoes	Caesar Salad	Mini Red Potatoes	Mashed Potatoes	Rice Pilaf and	Roasted Potatoes	Boiled Potatoes	
Diffile	and Vegetables	Cacsai Salaa	and Vegetables	and Vegetables	Vegetables	and Vegetables	and Vegetables	
	and vegetables		and vegetables	and vegetables	vegetables	and vegetables	and vegetables	
	Dessert	Dessert	Dessert	Dessert	Dessert	Dessert	Dessert	
	Ambrosia	Crème Caramel	Vanilla Cake	Cherry Crisp	Ice Cream Sundae	Brownies	Lemon Meringue	

Alternative Menu Choices

 ${\tt Oatmeal, Toast, Sandwich, Chicken\ broth,\ Yogurt\ and\ Fresh\ Fruit\ are\ always\ available\ by\ request.}$ 

Substitutes

## Week 3 Menu

Meal	Spring & Summer Menu 2024							
Micai	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
Lunch	<u>Soup</u> Butternut Squash	<u>Soup</u> Vegetable Pasta	<u>Soup</u> Corn Chowder	<u>Soup</u> Navy Bean	<u>Soup</u> Cream of Potato	<u>Soup</u> Tomato	<b>Soup</b> Cream of Mushroom	
	<b>Main</b> Hawaiian Pizza	<b>Main</b> Hamburger	<b>Main</b> Chef's Choice	<b>Main</b> Irish Ploughman's Lunch	<b>Main</b> Perogies and Sour Cream	<b>Main</b> Broccoli & Cheese Quiche	<b>Main</b> Corned Beef & Swiss on Rye	
Luncii	<b>Side</b> Garden Salad	<u>Side</u> Chips	<u>Side</u>	<u>Side</u> Roll	<u>Side</u> Garden Salad	<u>Side</u> Spinach Salad	<b>Side</b> Potato Salad & Pickles	
	<b>Dessert</b> Fruit	<b>Dessert</b> Fruit	<u>Dessert</u> Fruit	<b>Dessert</b> Pudding	<u>Dessert</u> Jello	<b>Dessert</b> Pudding	<u>Dessert</u> Fruit	
Snack	Muffins	Cookies	Loaf	Cookies	Chips	Loaf	Cookies	
	<b>Main</b> Chicken Souvlaki	<b>Main</b> Cabbage Rolls	<b>Main</b> Sausage & Pepper Pasta	<b>Main</b> Swedish Meatballs	<b>Main</b> Krunchie Perch	<b>Main</b> Chicken Thighs	<b>Main</b> Roast Ham	
Dinner	Starch & Veg Rice Pilaf and Greek Salad	Starch & Veg Mashed Potatoes, Vegetable Blend	Starch & Veg Caesar Salad with Garlic Bread	Starch & Veg Noodles and Vegetables	<b>Starch &amp; Veg</b> Fries, Coleslaw	Starch & Veg Mashed Potatoes and Vegetables	Starch & Veg Scalloped Potatoes and Vegetables	
	<b>Dessert</b> Custard Tart	<b>Dessert</b> Hummingbird Cake	<b>Dessert</b> Stewed Fruit with Ice Cream	<b>Dessert</b> Carrot Cake	<b>Dessert</b> Ice Cream Sandwiches	<b>Dessert</b> Apple Crisp	<b>Dessert</b> Cherry Pie	

Alternative Menu Choices

Oatmeal, Toast, Sandwich, Chicken broth, Yogurt and Fresh Fruit are always available by request.

Substitutes

# Week 4 Menu

Meal	Spring & Summer Menu 2024							
Micai	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
Lunch	Soup Vegetable Barley Main Chef's Choice Side	Soup Chicken Rice Main Loaded Waffle with Breakfast Sausage Side Fruit Saald	Soup Cream of Cauliflower  Main Chicken Waldorf Salad Side  Bread Stick	Soup Lentil  Main Beans & Weiners and Roll Side  Garden Salad	Soup Tomato Dill  Main Egg Salad Sandwich  Side Tomato Cucumber	Soup Bean and Bacon  Main Salmon Salad Sandwich Side  Greek Salad	Soup Hearty Vegetable  Main Sausage with Sauerkraut Side German Potato	
	<u>Dessert</u> Fruit	<b>Dessert</b> Pudding	<u>Dessert</u> Fruit	Dessert  Jello	Salad  Dessert  Fruit	Dessert Pudding	Salad  Dessert  Jello	
Snack	Muffins	Cookies	Loaf	Cookies	Popcorn	Loaf	Cookies	
Dinner	Main Turkey Salisbury  Starch & Veg Mashed Potatoes and Vegetables Dessert Ice Cream Cake	Main Sweet & Sour Pork  Starch & Veg Rice Pilaf and Vegetables Dessert Red Velevet Cake	Main Creamy Mushroom Pork Chop  Starch & Veg Roasted Potatoes and Vegetables Dessert Cherry Cheesecake	Main Spaghetti with Meat Balls  Starch & Veg Garlic Bread, Caesar Salad Dessert Peach Cobbler	Main Fish and Chips  Starch & Veg Fries, Coleslaw  Dessert Trifle	Main Chicken Pot Pie with Gravy  Starch & Veg Mashed Potatoes and Vegetables  Dessert Chocolate Cake	Main Roast Veal  Starch & Veg Mashed Potatoes and Vegetables Dessert Banana Cream Pie	

Alternative Menu Choices

Oatmeal, Toast, Sandwich, Chicken broth, Yogurt and Fresh Fruit are always available by request.

Substitutes

## Week 5 Menu

Meal	Spring & Summer Menu 2024							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
Lunch	Soup Cream of Chicken Main Honey Garlic Chicken Wings Side Sliced Veggies  Dessert Pudding	Soup Minestrone Main Western Omelet  Side Roll And Garden Salad Dessert Fruit	Soup Mushroom Barley Main Deli Meat Sandwich Side Spinach Salad Dessert Jello	Soup Tomato Noodle Main Chef's Choice Day  Dessert Pudding	Soup Cream of Mushroom Main Pepperoni Pizza Side Tomato Feta Salad Dessert Fruit	Soup Split Pea with Ham Main Chicken, Strawberry Spinach Salad Side Bread Stick Dessert Fruit	Soup Chicken Rice Main Roast Beef Sandwich Side Caesar Salad Dessert Jello	
Snack	Muffins	Cookies	Loaf	Cookies	Chips	Loaf	Cookies	
Dinner	Main Lasagna Starch & Veg Garlic Bread, Caesar Salad  Dessert Apple Strawberry Rhubarb Crisp	Main Pork Vegetable Stew Starch & Veg Rice Pilaf and Vegetables  Dessert Bread Pudding	Main Chicken Broccoli Casserole Starch & Veg Mashed Potatoes and Vegetables  Dessert Tiramisu	Main BBQ Chicken  Starch & Veg Rice Pilaf and Vegetables  Dessert Custard Tart	Main Baked Tilapia with Lemon Starch & Veg Boiled Potato and Vegetables  Dessert Chocolate Fudge Cake	Main Veal with Mushroom Gravy Starch & Veg Mashed Potatoes and Vegetables  Dessert Blueberry Cake	Main Roast Pork with Apple Gravy Starch & Veg Roasted Potatoes and Vegetables  Dessert Blueberry Pie	

Alternative Menu Choices

Oatmeal, Toast, Sandwich, Chicken broth, Yogurt and Fresh Fruit are always available by request.

Substitutes