## Week 1 Menu

| Meal | Spring \& Summer Menu 2024 |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| Lunch | Soup Carrot Main Chef Salad Side Bread Stick Dessert Fruit | Soup <br> Minestrone <br> Main Chef's Choice Day <br> Dessert Pudding | Soup <br> Tomato Basil <br> Main <br> Greek Chicken Pasta <br> Salad <br> Side <br>  <br> Dessert <br> Fruit | Soup Vegetble Barley <br> Main Quiche Lorraine <br> Side Tomato Feta Salad <br> Dessert Jello | Soup Cream of <br> Mushroom Main Turkey Swiss \& Cranberry Sandwich Side Garden Salad <br> Dessert Fruit | Soup <br> Lentil <br> Main <br> Pulled Pork on a <br> Bun <br> Side <br> Carrot Salad <br>  <br> Dessert <br> Pudding | Soup Country Vegetable <br> Main Captain Burger <br> Side Tater Tots <br> Dessert Jello |
| Snack | Muffins | Cookies | Loaf | Cookies | Chips | Loaf | Cookies |
| Dinner | Main Herb Roasted Chicken Breast Starch \& Veg Mini Red Potatoes and Vegetables <br> Dessert Lemon Tart | Main <br> Bangers and Mashed <br> Starch \& Veg Mashed Potatoes and Vegetables <br> Dessert Blueberry Crisp | Main <br> Shepherd's Pie with Gravy <br> Starch \& Veg <br> Vegetables <br> Dessert <br> Ice Cream | Main Penne with Meat Sauce Starch \& Veg Garlic Bread, Caesar Salad Dessert Chocolate Cake | Main Fish and Chips <br> Starch \& Veg <br> Fries, Coleslaw <br> Dessert Rice Pudding | Main Veal Parmesan Starch \& Veg Egg Noodles and Vegetables Dessert Upside DownPeach Cake | Main <br> Roast Turkey <br> Starch \& Veg Mashed Potatoes and Vegetables <br> Dessert <br> Apple Pie |

Alternative Menu Choices
Oatmeal, Toast, Sandwich, Chicken broth, Yogurt and Fresh Fruit are always available by request.

## Substitutes

Availability may necessitate menu substitutions.

## Week 2 Menu

| Meal | Spring \& Summer Menu 2024 |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| Lunch | Soup Cream of Broccoli Main Chicken Caesar Salad Side Roll Dessert Pudding | Soup Turkey Rice Main Hot Dog <br> Side <br> Chips <br> Dessert Fruit | Soup <br> Split Pea <br> Main <br> Devilled Egg, Ham <br> and Cheese, Tomato <br> Aspic <br> Side <br> Corn Muffin <br> Dessert <br> Jello | Soup Tomato Rice Main Fruit and Cheese Plate Side Tea Biscuit Dessert Pudding | Soup Cream of Asparagus Main Chef's Choice Day <br> Dessert Fruit | Soup <br> Pork and Bean <br> Main <br> Grilled Ham and <br> Cheese <br> Side <br> Garden Salad <br> Dessert <br> Fruit | Soup Chicken Noodle Main <br> Tuna Salad Sandwich Side Spinach Salad <br> Dessert Jello |
| Snack | Muffins | Cookies | Loaf | Cookies | Popcorn | Loaf | Cookies |
| Dinner | Main <br> Meatloaf <br> Starch \& Veg Mashed Potatoes and Vegetables <br> Dessert <br> Ambrosia | Main <br> Macaroni \& Cheese Casserole <br> Starch \& Veg <br> Caesar Salad <br> Dessert Crème Caramel | Main <br> BBQ Pork Ribs <br> Starch \& Veg Mini Red Potatoes and Vegetables <br> Dessert <br> Vanilla Cake | Main <br> Beef Vegetable Stew <br> Starch \& Veg Mashed Potatoes and Vegetables <br> Dessert Cherry Crisp | Main <br> Baked White Fish with Dill <br> Starch \& Veg Rice Pilaf and Vegetables <br> Dessert <br> Ice Cream Sundae | Main <br> Lemon Chicken <br> Starch \& Veg Roasted Potatoes and Vegetables <br> Dessert Brownies | Main Corned Beef Dinner <br> Starch \& Veg Boiled Potatoes and Vegetables <br> Dessert Lemon Meringue |

Oatmeal, Toast, Sandwich, Chicken broth, Yogurt and Fresh Fruit are always available by request.

> Substitutes

Availability may necessitate menu substitutions.

## Week 3 Menu

| Meal | Spring \& Summer Menu 2024 |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| Lunch | Soup Butternut Squash Main Hawaiian Pizza Side Garden Salad Dessert Fruit | Soup <br> Vegetable Pasta <br> Main Hamburger <br> Side <br> Chips <br> Dessert Fruit | Soup Corn Chowder <br> Main Chef's Choice <br> Side <br> Dessert Fruit | Soup <br> Navy Bean <br> Main <br> Irish Ploughman's <br> Lunch <br> Side <br> Roll <br> Dessert <br> Pudding | Soup <br> Cream of Potato <br> Main <br> Perogies and Sour <br> Cream <br> Side <br> Garden Salad <br> Dessert <br> Jello | Soup Tomato Main Broccoli \& Cheese Quiche Side Spinach Salad Dessert Pudding | Soup Cream of Mushroom Main Corned Beef \& Swiss on Rye Side Potato Salad \& Pickles Dessert Fruit |
| Snack | Muffins | Cookies | Loaf | Cookies | Chips | Loaf | Cookies |
| Dinner | Main <br> Chicken Souvlaki <br> Starch \& Veg <br> Rice Pilaf and Greek <br> Salad <br> Dessert <br> Custard Tart | Main <br> Cabbage Rolls <br> Starch \& Veg <br> Mashed Potatoes, Vegetable Blend Dessert Hummingbird Cake | Main <br> Sausage \& Pepper Pasta <br> Starch \& Veg <br> Caesar Salad with Garlic Bread Dessert <br> Stewed Fruit with Ice Cream | Main Swedish Meatballs <br> Starch \& Veg <br> Noodles and Vegetables Dessert Carrot Cake | Main Krunchie Perch <br> Starch \& Veg <br> Fries, Coleslaw <br> Dessert Ice Cream Sandwiches | Main <br> Chicken Thighs <br> Starch \& Veg Mashed Potatoes and Vegetables Dessert Apple Crisp | Main <br> Roast Ham <br> Starch \& Veg <br> Scalloped Potatoes and Vegetables <br> Dessert Cherry Pie |

Alternative Menu Choices
Oatmeal, Toast, Sandwich, Chicken broth, Yogurt and Fresh Fruit are always available by request.

## Substitutes

Availability may necessitate menu substitutions.

## Week 4 Menu

| Meal | Spring \& Summer Menu 2024 |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| Lunch | Soup Vegetable Barley <br> Main Chef's Choice <br> Side <br> Dessert Fruit | Soup <br> Chicken Rice <br> Main <br> Loaded Waffle with Breakfast Sausage <br> Side <br> Fruit Saald <br> Dessert <br> Pudding | Soup Cream of Cauliflower <br> Main Chicken Waldorf Salad <br> Side <br> Bread Stick <br> Dessert Fruit | Soup Lentil Main Beans \& Weiners and Roll Side Garden Salad Dessert Jello | Soup <br> Tomato Dill <br> Main <br> Egg Salad Sandwich <br> Side <br> Tomato Cucumber <br> Salad <br> Dessert <br> Fruit | Soup <br> Bean and Bacon <br> Main <br> Salmon Salad Sandwich Side <br> Greek Salad <br> Dessert <br> Pudding | Soup <br> Hearty Vegetable <br> Main <br> Sausage with <br> Sauerkraut <br> Side <br> German Potato Salad <br> Dessert <br> Jello |
| Snack | Muffins | Cookies | Loaf | Cookies | Popcorn | Loaf | Cookies |
| Dinner | Main Turkey Salisbury <br> Starch \& Veg Mashed Potatoes and Vegetables Dessert Ice Cream Cake | Main Sweet \& Sour Pork <br> Starch \& Veg <br> Rice Pilaf and Vegetables Dessert Red Velevet Cake | Main <br> Creamy Mushroom <br> Pork Chop <br> Starch \& Veg <br> Roasted Potatoes and Vegetables Dessert <br> Cherry Cheesecake | Main <br> Spaghetti with Meat <br> Balls <br> Starch \& Veg <br> Garlic Bread, Caesar <br> Salad <br> Dessert <br> Peach Cobbler | Main Fish and Chips <br> Starch \& Veg <br> Fries, Coleslaw <br> Dessert Trifle | Main <br> Chicken Pot Pie with Gravy <br> Starch \& Veg <br> Mashed Potatoes and Vegetables Dessert Chocolate Cake | Main <br> Roast Veal <br> Starch \& Veg <br> Mashed Potatoes and Vegetables Dessert Banana Cream Pie |

Alternative Menu Choices
Oatmeal, Toast, Sandwich, Chicken broth, Yogurt and Fresh Fruit are always available by request.

## Substitutes

Availability may necessitate menu substitutions.

## Week 5 Menu

| Meal | Spring \& Summer Menu 2024 |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| Lunch | Soup Cream of Chicken <br> Main <br> Honey Garlic Chicken Wings <br> Side Sliced Veggies <br> Dessert <br> Pudding | Soup <br> Minestrone <br> Main <br> Western Omelet <br> Side <br> Roll And Garden Salad <br> Dessert <br> Fruit | Soup <br> Mushroom Barley <br> Main <br> Deli Meat Sandwich <br> Side <br> Spinach Salad <br> Dessert Jello | Soup <br> Tomato Noodle <br> Main <br> Chef's Choice Day <br> Dessert <br> Pudding | Soup <br> Cream of Mushroom <br> Main <br> Pepperoni Pizza <br> Side <br> Tomato Feta Salad <br> Dessert <br> Fruit | Soup <br> Split Pea with Ham <br> Main <br> Chicken, Strawberry <br> Spinach Salad <br> Side <br> Bread Stick <br> Dessert Fruit | Soup Chicken Rice Main Roast Beef Sandwich Side Caesar Salad <br> Dessert Jello |
| Snack | Muffins | Cookies | Loaf | Cookies | Chips | Loaf | Cookies |
| Dinner | Main Lasagna Starch \& Veg Garlic Bread, Caesar Salad Dessert Apple Strawberry Rhubarb Crisp | Main <br> Pork Vegetable Stew Starch \& Veg Rice Pilaf and Vegetables <br> Dessert Bread Pudding | Main <br> Chicken Broccoli Casserole Starch \& Veg Mashed Potatoes and Vegetables <br> Dessert Tiramisu | Main <br> BBQ Chicken <br> Starch \& Veg <br> Rice Pilaf and Vegetables <br> Dessert <br> Custard Tart | Main <br> Baked Tilapia with Lemon Starch \& Veg <br> Boiled Potato and Vegetables <br> Dessert Chocolate Fudge Cake | Main Veal with Mushroom Gravy Starch \& Veg Mashed Potatoes and Vegetables Dessert Blueberry Cake | Main <br> Roast Pork with Apple Gravy Starch \& Veg <br> Roasted Potatoes and Vegetables <br> Dessert <br> Blueberry Pie |

Alternative Menu Choices
Oatmeal, Toast, Sandwich, Chicken broth, Yogurt and Fresh Fruit are always available by request.

## Substitutes

Availability may necessitate menu substitutions.

